

SUMMER FAITH JOURNEY

These monthly challenges are designed to help your family live out the Four Pillars of the Catechism. By engaging our heads, hearts, and hands, we move beyond just 'knowing' our faith to truly experiencing God's presence in our daily lives.

MAY



PRAYER

(how we relate to God)

Pray a decade of the Rosary daily for a week during the month of May, the month of Mary.



<https://www.usccb.org/how-to-pray-the-rosary>

JUNE

CREED

(what we believe)

Participate in a service based activity as a family.



JULY



SACRAMENTAL LIFE

(how we worship)

Participate in at least one sacrament as a family during the month of July that is not Sunday mass. Options include reconciliation, daily mass, perpetual adoration.

AUGUST

MORALITY

(how to live)

Each week, gather to have every family member write two sentences about a "God Sighting"—those special moments where you saw, heard, or felt God's love in your daily life. Whether it's a beautiful sunrise, a warm hug, or a kind word, let's use our five senses to find Him all around us. By noticing these small miracles together, we grow in a natural spirit of gratitude for all of God's many blessings.

